



**The Bermuda Integrative Health Cooperative**  
Nautilus House Lower Level  
82 South Shore Road,  
Warwick WK 08

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## STUDIO POLICIES

**CLEAN FEET** or **CLEAN SOCKS** are required for all studio activity.

**PLEASE TURN OFF** cell phones and pagers prior to entering the studio to prevent potential disturbances.

There is a **24-HOUR CANCELLATION POLICY** on all appointments. Should you cancel or reschedule within 24 hours of your appointment, you will be charged the full amount.

All sessions require appointments, including classes, so please call to reserve or confirm in advance. Though drop-ins are allowed, they are not guaranteed.

There is a **15-MINUTE GRACE PERIOD** for all appointments. If you are running late, please call the studio to ensure that your instructor is still available when you arrive. Late arrivals will be granted the remainder of their session, which is charged at the full rate.

All payments are subject to a 1-year expiration. There are **NO REFUNDS**, however, **TRANSFER** to friends and family is allowed.

Only clients working at the same level may request duets, trios or quads. If a scheduled partner cancels from a small group lesson within the 24-hour period, the lesson will still be billed at the original rate.

**IN ORDER FOR A CLASS TO OCCUR THERE MUST BE A CERTIFIED INSTRUCTOR ON THE STUDIO FLOOR.**

The studio provides cleaners and spray bottles. Please clean your machines off when you are done and return all equipment to its original place.

Please ensure that you have secured all personal property, as the coop shall not be responsible for any lost or stolen items.

Bathrooms/Changing Facilities are available at the studio. Clients are responsible for their own workout attire and towels.

**PLEASE REMOVE STREET SHOES** when entering the studio and refrain from eating and smoking on the premises at all times.

If you are more than 2 sessions late with a payment, further appointments can only be scheduled once your outstanding balance is paid.

Out of respect for clients who may suffer from allergies and asthma, please avoid wearing strong fragrances when taking lessons.

For your safety and comfort please avoid wearing jewellery, especially on your hands and neck.